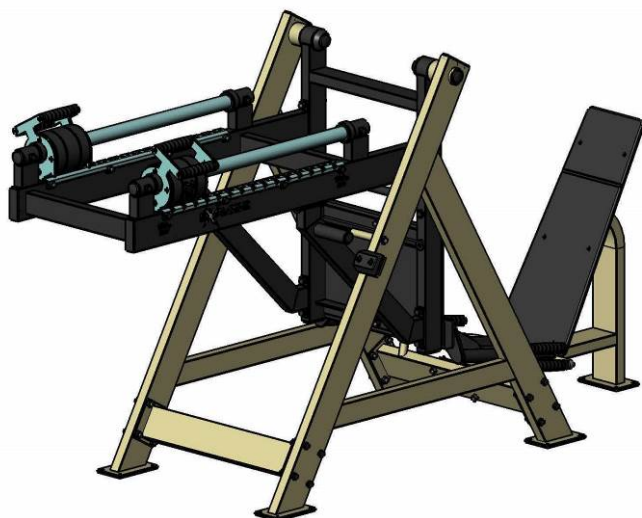
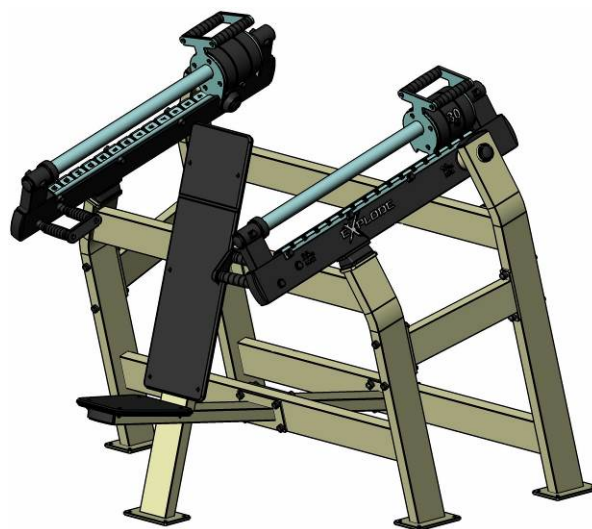
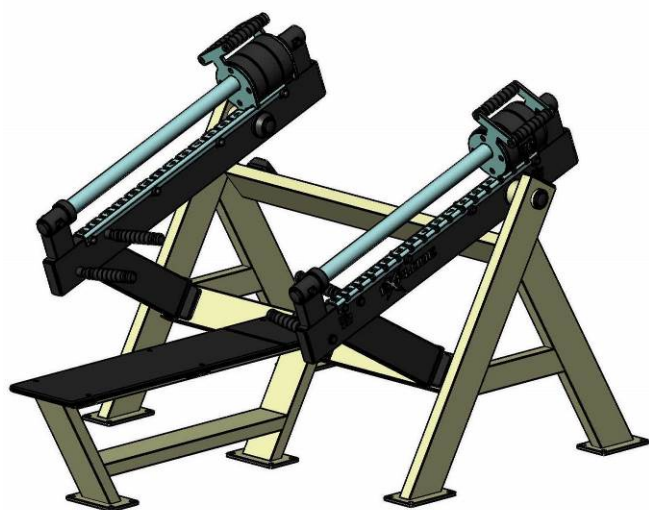


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KF800-S (-ZEC) outdoor machines

DATA SHEET



1. SPECIFICATIONS

Technical features

No	Art. No	Description	Dimensions, mm			Weight, kg ²	Fall height, mm	Loading unit, kg	Loading min., kg	Loading max., kg
			Length, mm	Width, mm	Height ¹ , mm					
1	KF801-S	Supine press (prone position)	1960	1450	1220	203	400	2x30	2x10	2x35
2	KF802-S	Incline press	1600	1630	1500	238	450	2x30	2x10	2x35
3	KF803-S	Leg press	2846	938	1571	285	280	2x30	100	150
4	KF804-S	Rowing machine	1714	1222	1103	186	640	2x30	2x20	2x50
5	KF805-S	Lat pull down machine	2240	1450	1910	215	415	2x30	2x10	2x40
6	KF806-S	Deadlift	2390	1718	1194	294	0	4x30	45	80
7	KF807-S	Squat machine	1514	1508	1403	198	0	2x30	40	80
8	KF808-S	Butterfly machine	1870	2150	720	216	400	2x30	2x8	2x15
9	KF809-S	Deltoid machine	858	2160	1580	220	0	2x30	2x5	2x10
10	KF810-S	Biceps machine	1247	1187	1137	128	0	30	10	30
11	KF811-S	Triceps Dip	2570	1000	1140	226	510	2x30	2x15	2x40
12	KF812-S	Leg extension	1437	1581	1362	248	610	2x30	2x10	2x25
13	KF813-S	Leg curl	1335	1782	1538	215	180	2x30	2x10	2x25
14	KF814-S	Pull-up/Dip/Abdominal Combo	1590	1080	2485	130	1400	-	-	-
15	KF815-S	Scott Bench with dumbbells and bench (10-16-24 kg)	1894	2365	1055	196	400	2x10-2x16-2x24	2x10-2x16-2x24	2x10-2x16-2x24
16	KF815.1-S	Scott Bench with dumbbells (10-16-24 kg)	750	2365	1055	176	0	2x10-2x16-2x24	2x10-2x16-2x24	2x10-2x16-2x24
17	KF816.3-123-S	Hyperextension/Abdominal/Abdominal reverse	2846	1250	1086	109	920	-	-	-
18	KF817-S	Adductor machine	2155	1641	1617	194	310	30	10	45
19	KF818-S	Abductor machine	2469	1321	1617	196	310	30	10	45

1 – Height above ground level (surface).

2 – Weight of galvanized machines (ZEC) is 3% bigger.

Maximum user's weight

Working temperature

User's category

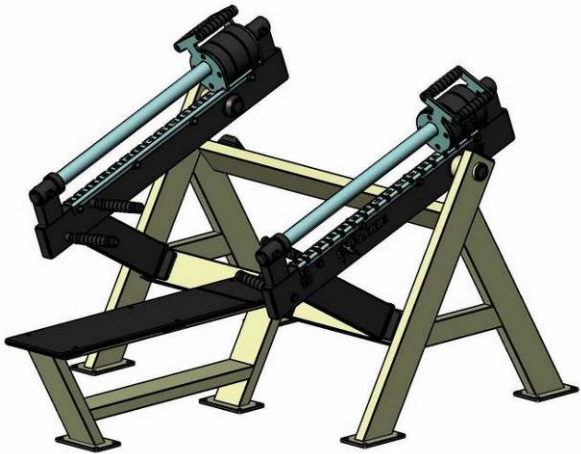
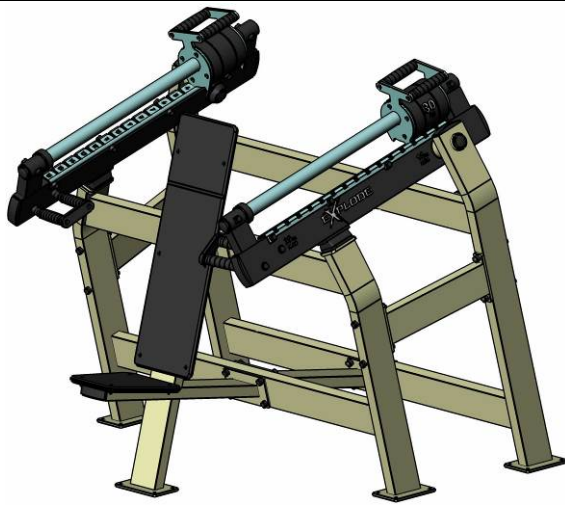
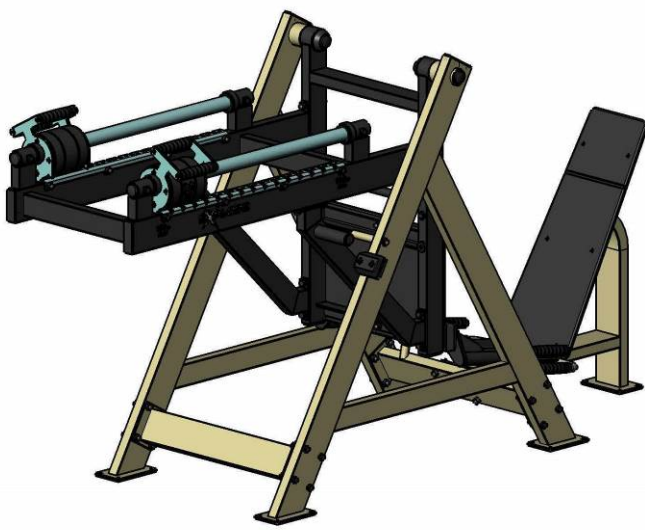
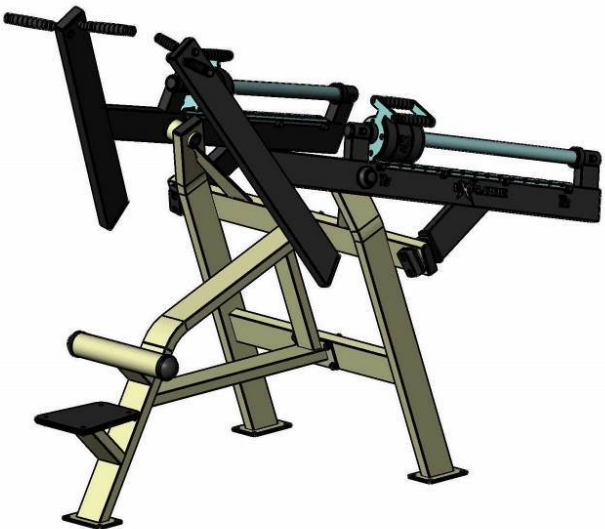
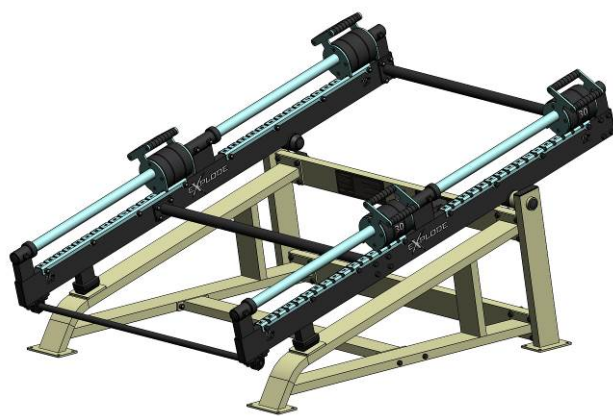
Country of origin

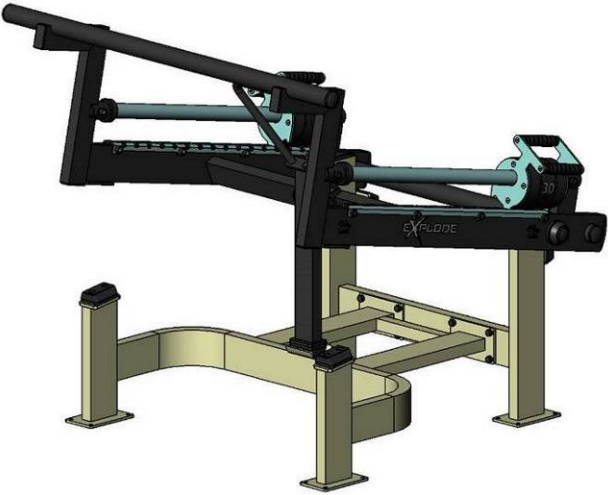
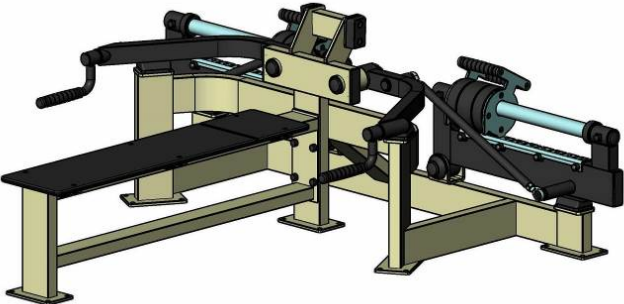
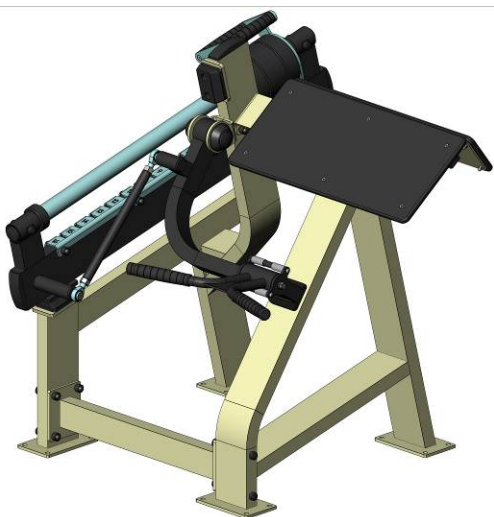
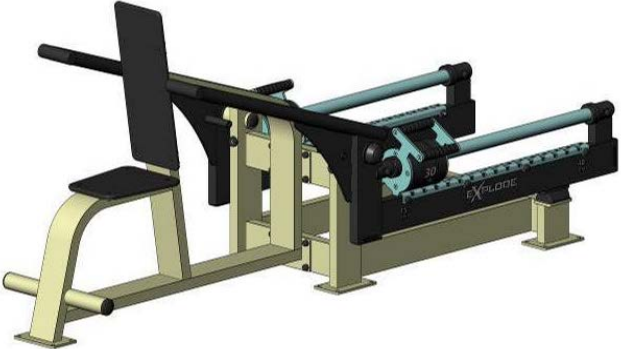
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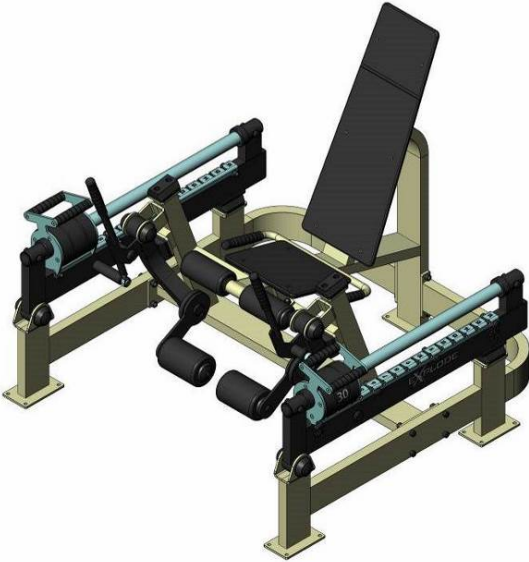
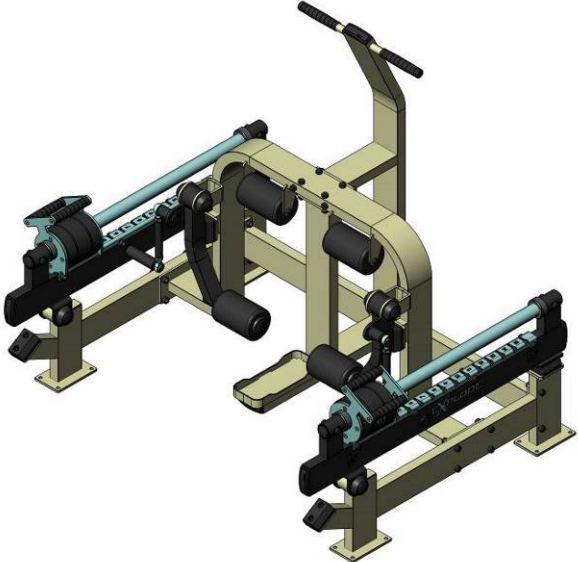
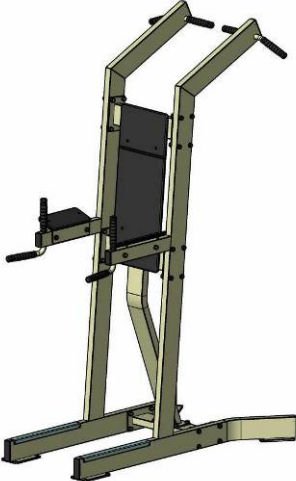
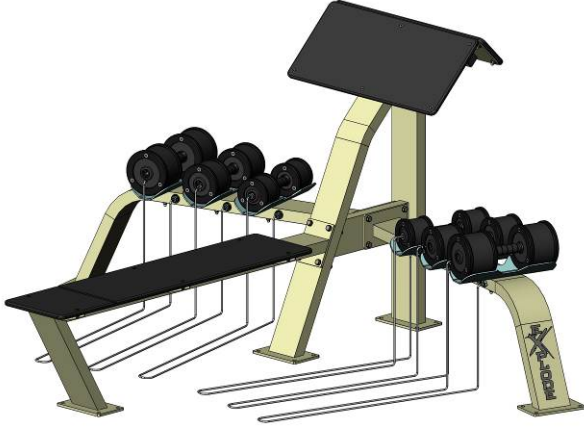
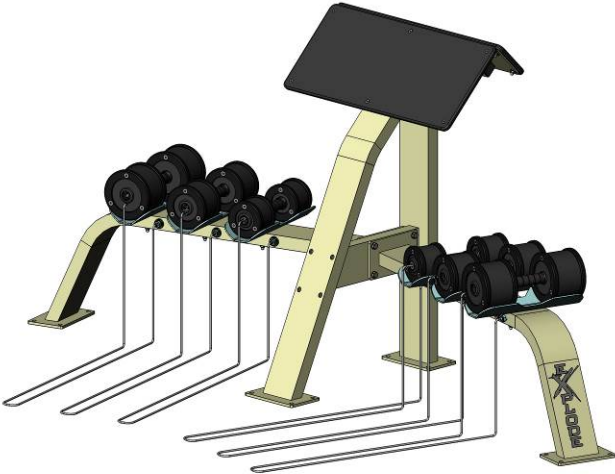
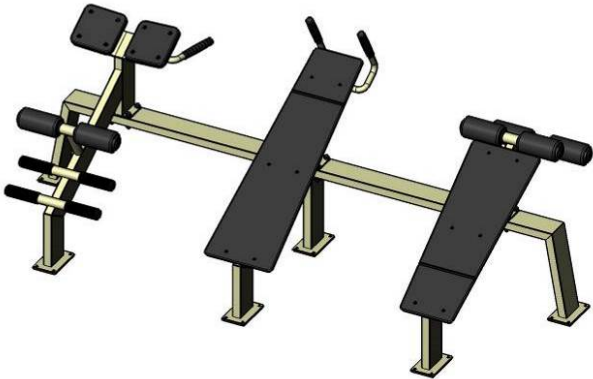
C° **from -20 to +30**

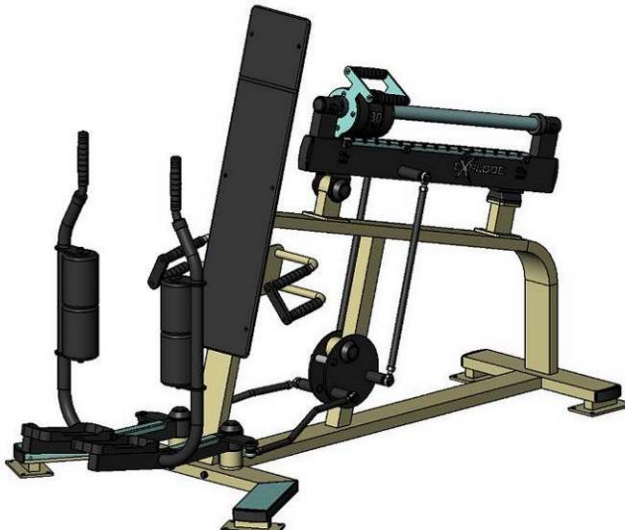
cm **from 130**

---- : **Ukraine**

Supine press (prone position)	KF801-S	Incline press	KF802-S
			
Leg press	KF803-S	Rowing machine	KF804-S
			
Lat pull down	KF805-S	Deadlift	KF806-S
			

Squat machine	KF807-S		
			
Butterfly machine	KF808-S	Deltoid machine	KF809-S
			
Biceps machine	KF810-S	Triceps machine	KF811-S
			

Leg extension	KF812-S	Leg curl	KF813-S
			
Pull-up/Dip/Abdominal Combo	KF814-S	Scott Bench with dumbbells and bench (10-16-24 kg)	KF815-S
			
Scott Bench with dumbbells (10-16-24 kg)	KF815.1-S	Hyperextension/Abdominal /Abdominal reverse	KF816.3-123-S
			

Adductor machine	KF817-S	Abductor machine	KF818-S
			

2. Installation

The machines shipped assembled or partially disassembled depending on the model of the machine.

It is necessary to install the machines on a fat concrete surface with the help of anchor bolts of 10mm diameter and the length no more than 80 mm.

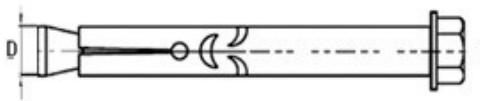


Image 1 – Schematic view of the recommended bolt.

Installation sequence:

1. Prepare a fat concrete surface.
2. The marking 0,0 should be taken into account like a level of shock-absorbing surface.
3. Place on installation area, make a hole marking on the supports, and make the holes to the depth of anchor bolt. The distance between the machines should be no less than 1,5 m.
4. Fix the anchors securely.
5. Make a shock-absorbing surface

Table – Types of shock-absorbing surfaces

#	Material – surface ¹	Description	Min coating thickness ¹ , mm	Max drop height, mm
1	Concrete/stone	—	—	≤1 000
2	Reference surface with bitumen	—	—	≤1 000
3	Natural ground	—	—	≤1 200
4	Lawn grass	—	—	≤1 500
5	Wood chips	Crushed bark of needle-leaved trees, rocks, particle size from 20 to 80 mm particle size from 0,2 to 2 mm	200	≤2 000
			300	≤3 000
6	Mixture of sand and sawdust	Mechanically crushed wood (not wood material) without bark and leaves, particle size from 5 mm to 30 mm particle size from 2 mm to 8 mm	200	≤2 000
			300	≤3 000
7	Sand ^{2, 3} ,	particle size from 0,2 to 2 mm	200	≤2 000
			300	≤3 000
8	Gravel ^{2, 3}	particle size from 2 to 8 mm	200	≤2 000
			300	≤3 000
9	Other materials and coating thickness	Tested on HIC according EN 1177 standard		Critical drop height according to the test results

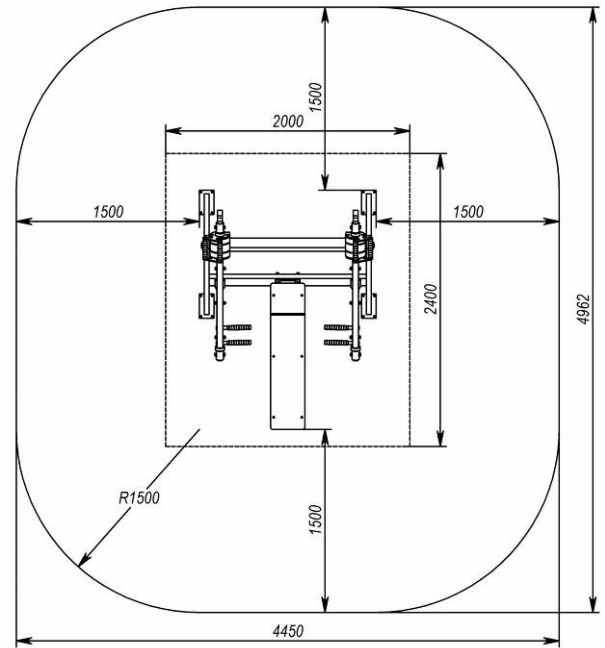
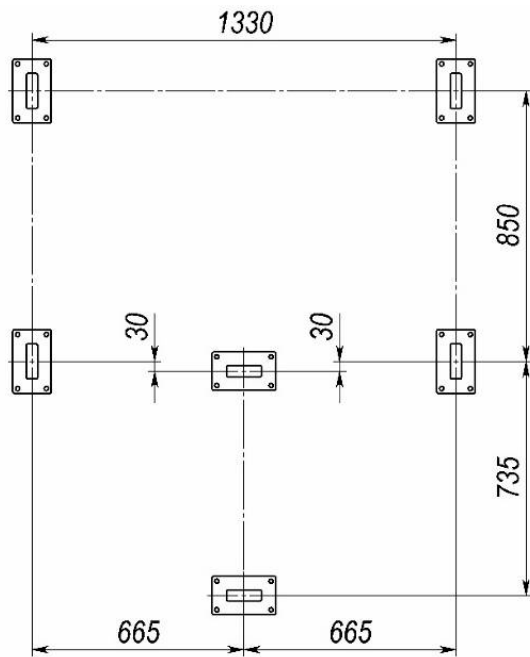
1 – Add 100 mm to the minimum coating thickness for the loose-fill cushioning

2 – Avoid any mule and clay fractions; particle size can be measured with the help of screen size gradation according to EN 933-1 standard norms.

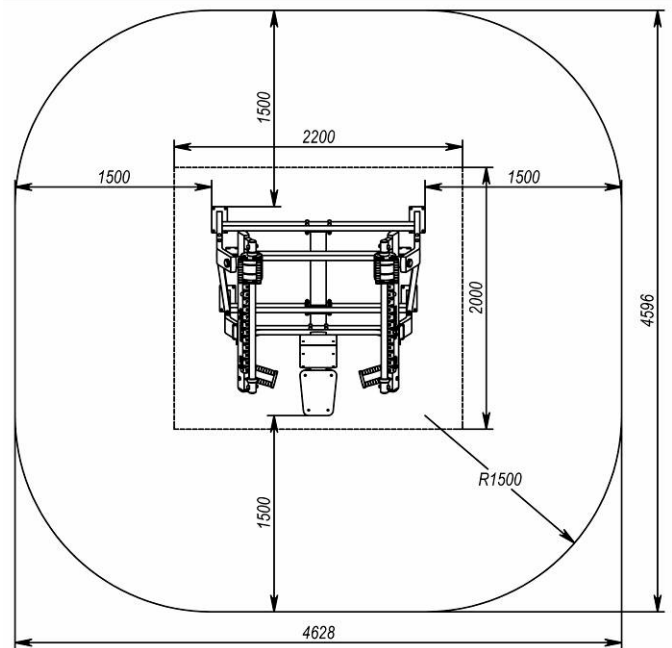
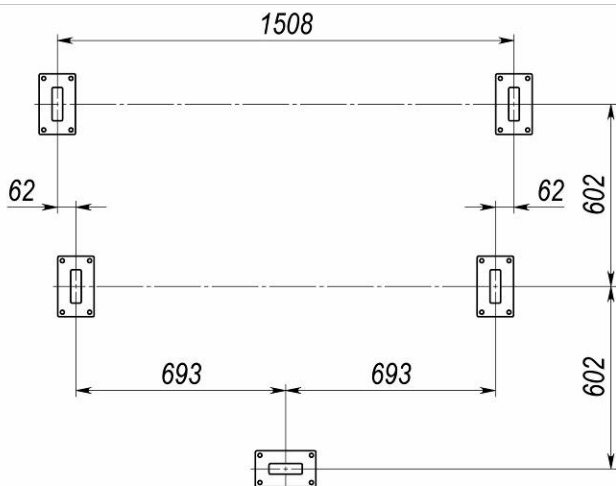
3 – It is not well-suited for the machines where the stable position is needed.

Installation dimensions and safety area

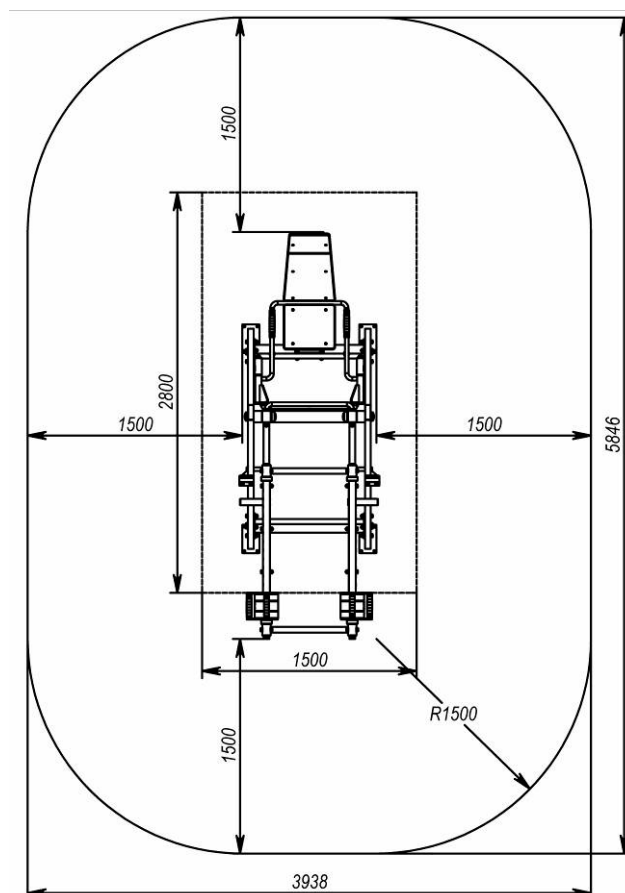
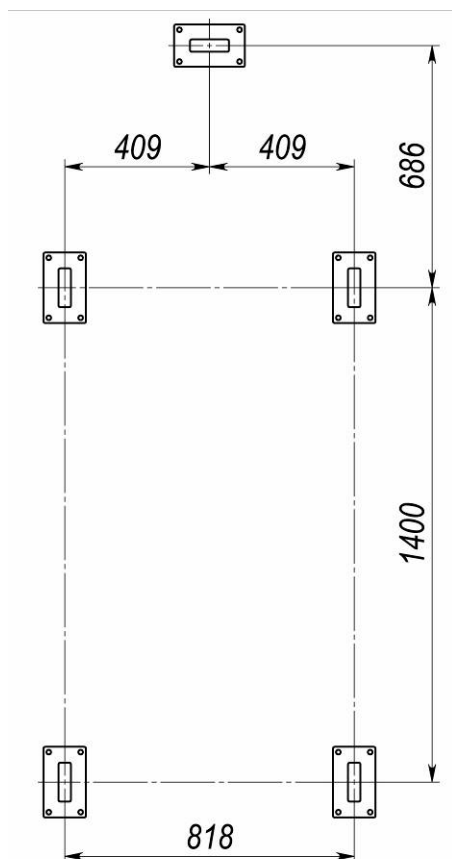
Supine Press KF801-S



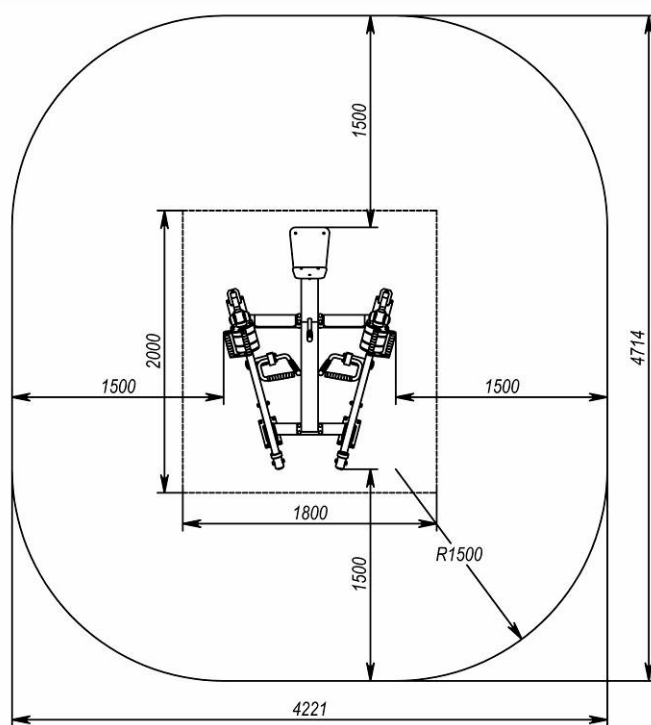
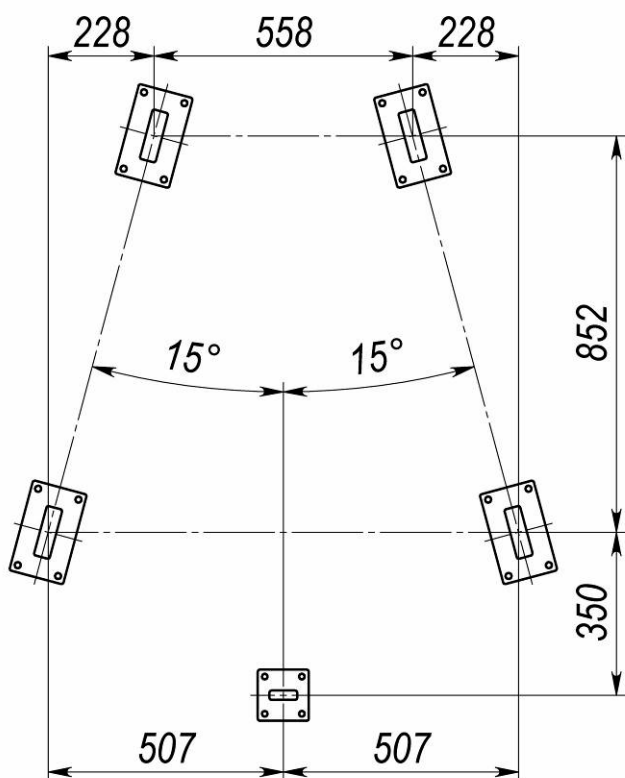
Shoulder Press KF802-S



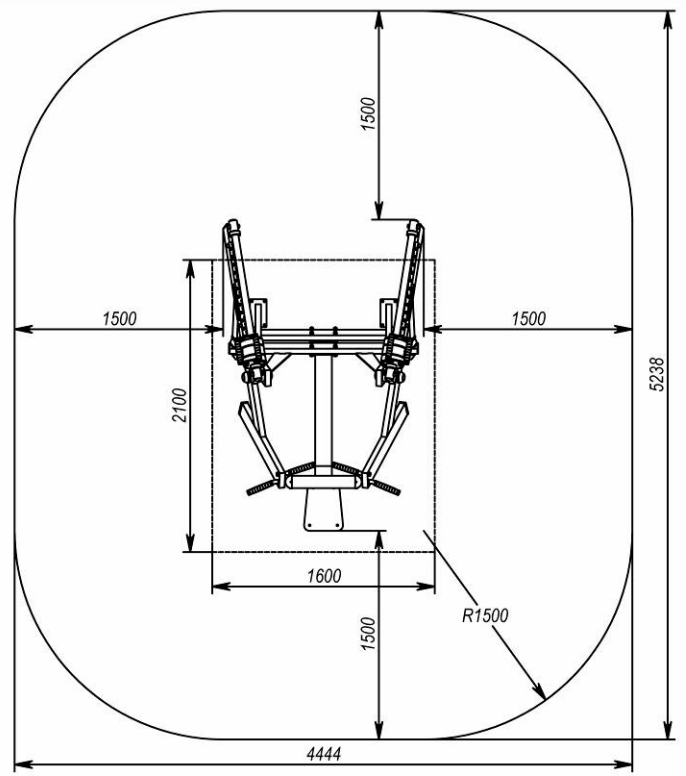
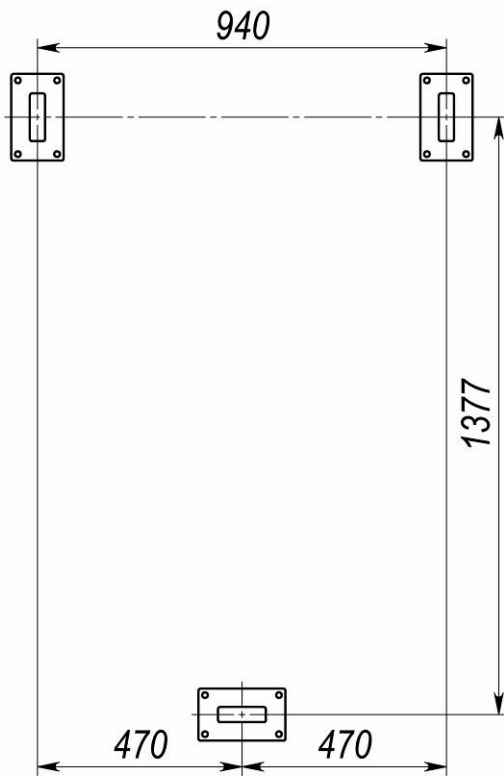
Leg Press KF803-S



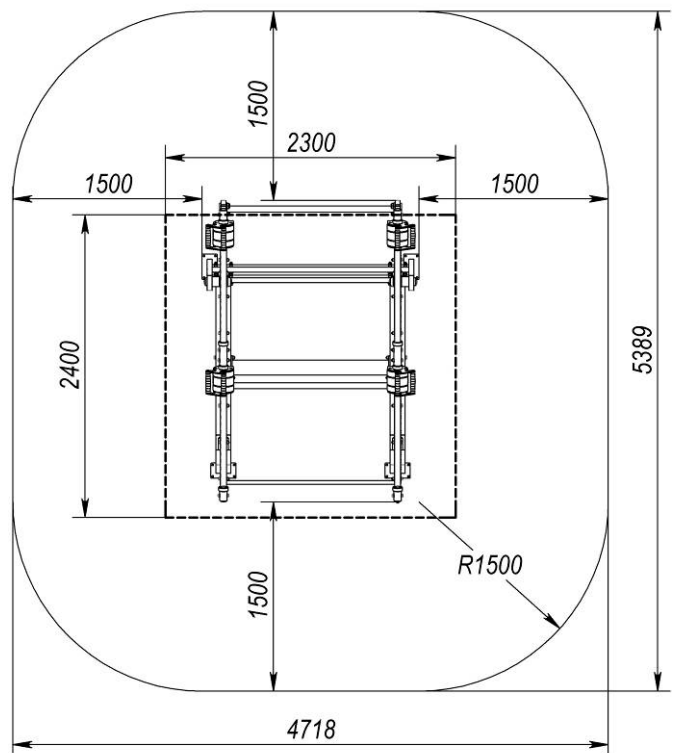
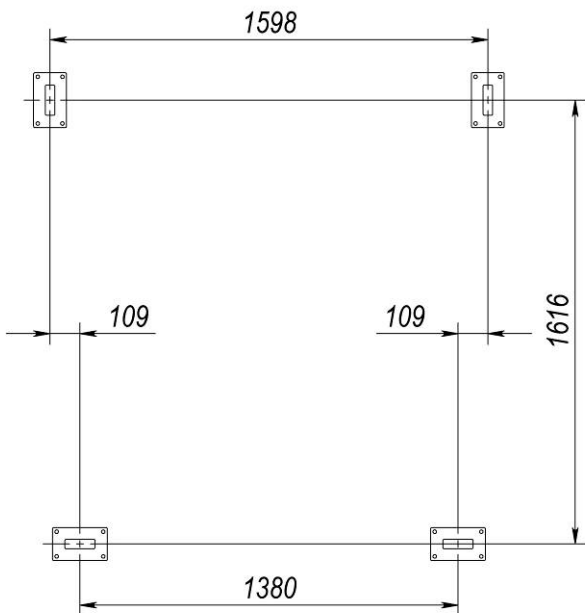
Rowing Machine KF804-S



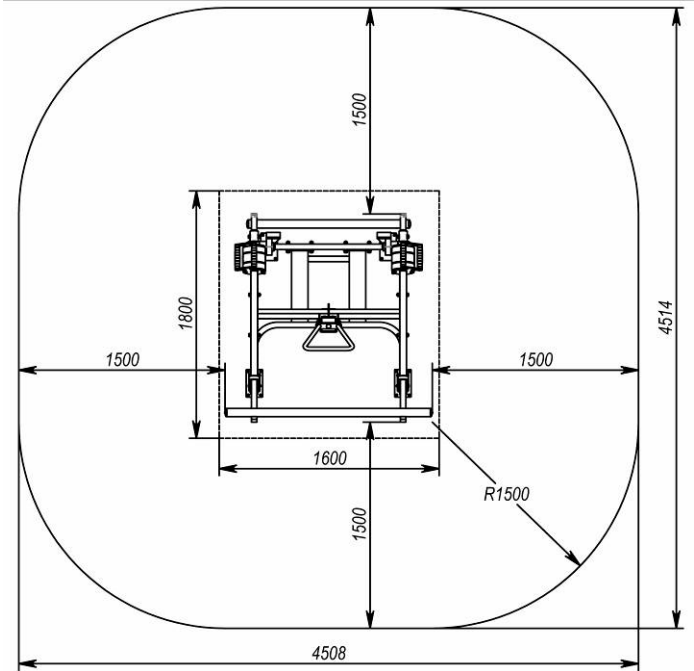
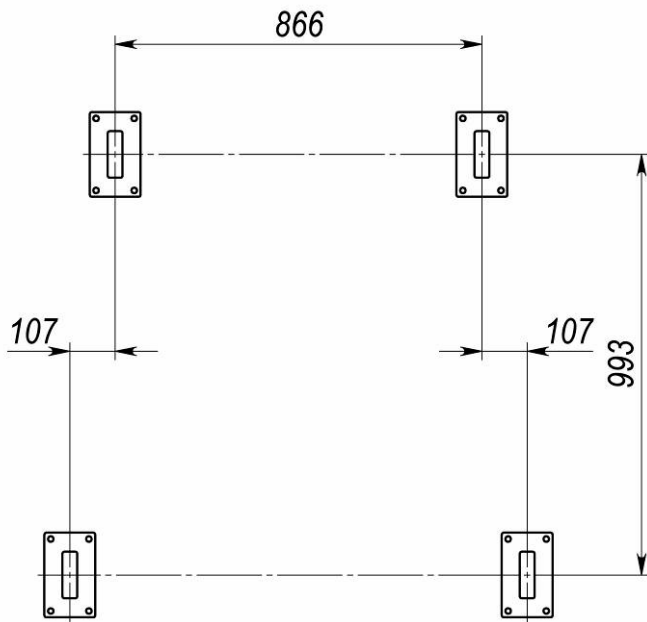
Lat Pull Down KF805-S



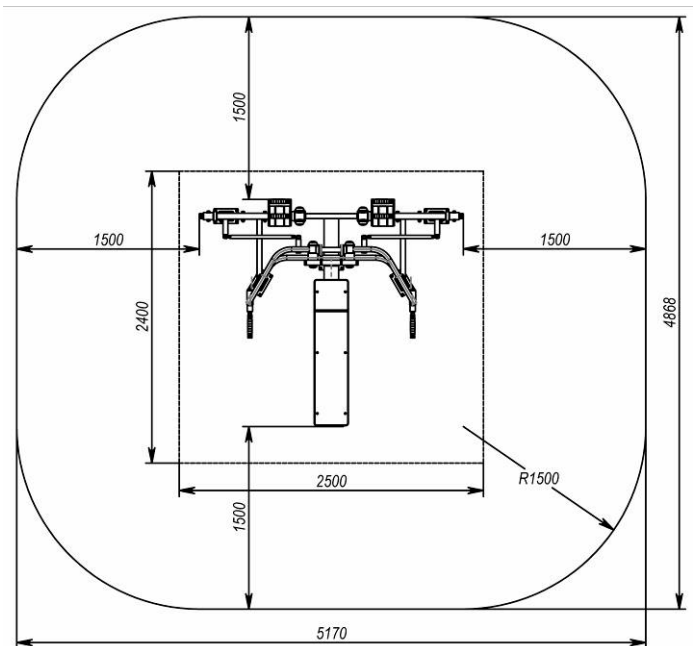
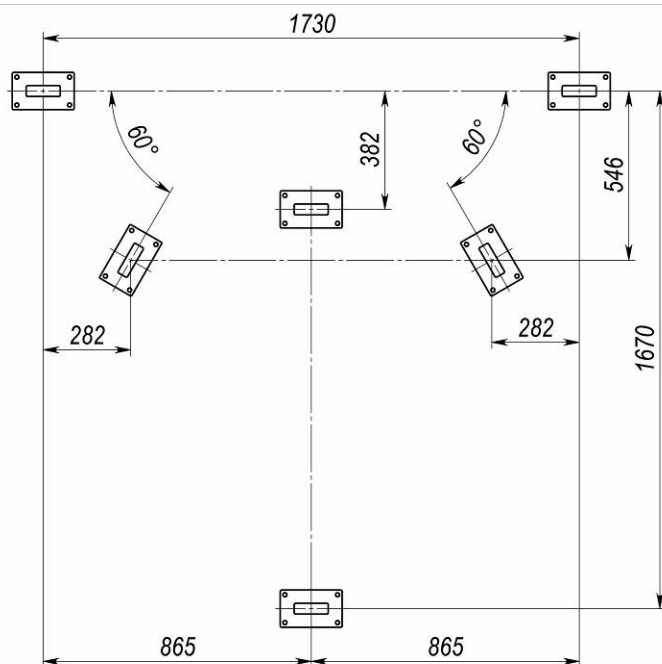
Deadlift KF806-S



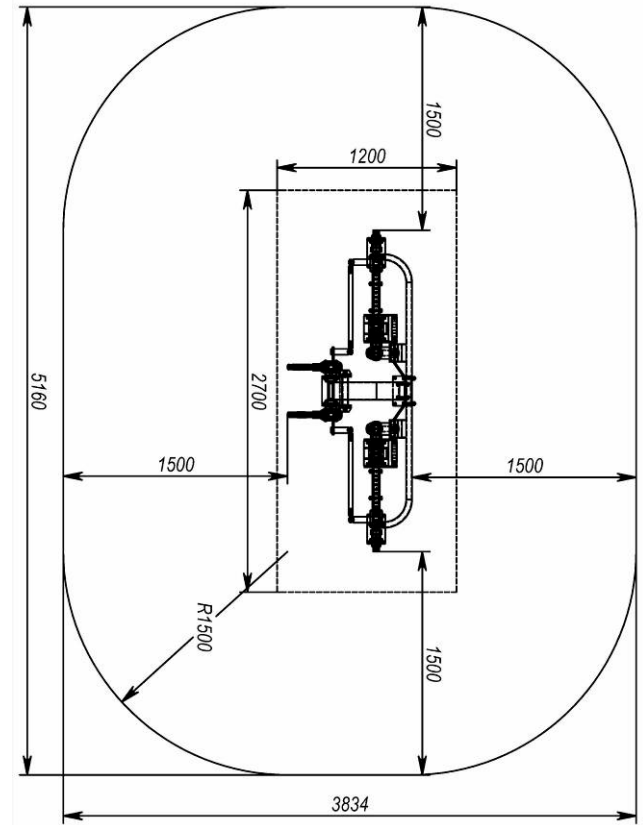
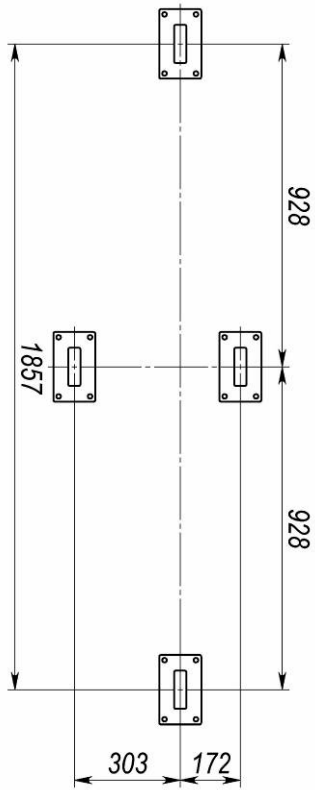
Squat Machine KF807-S



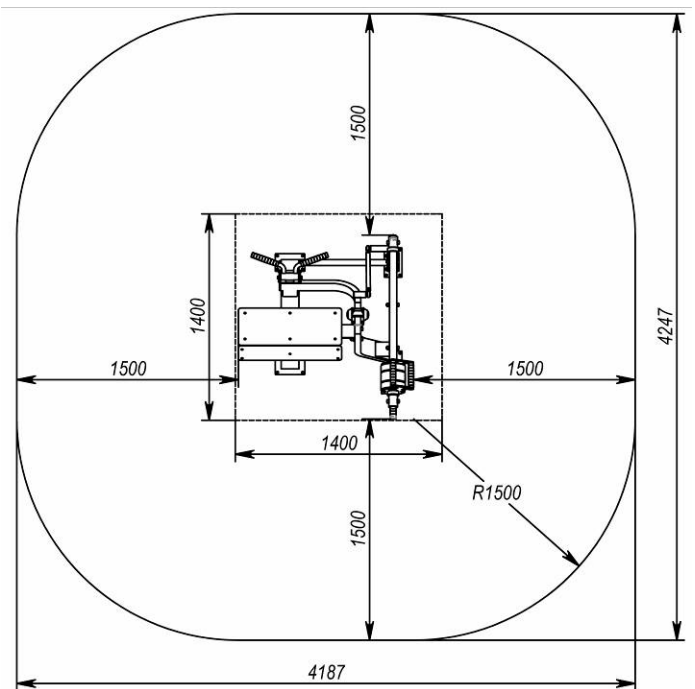
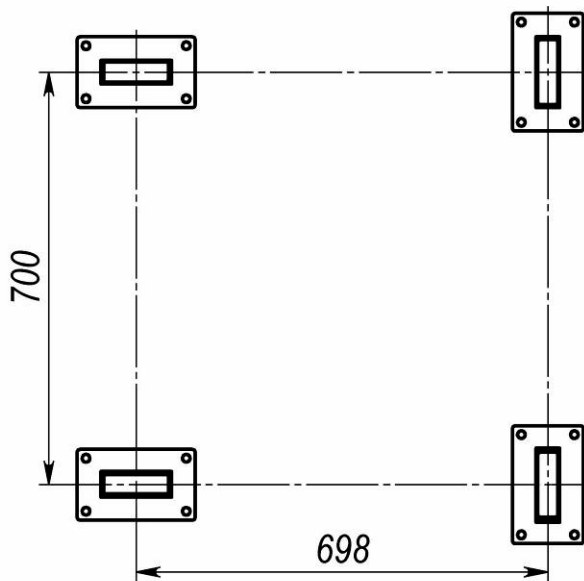
Butterfly machine KF808-S



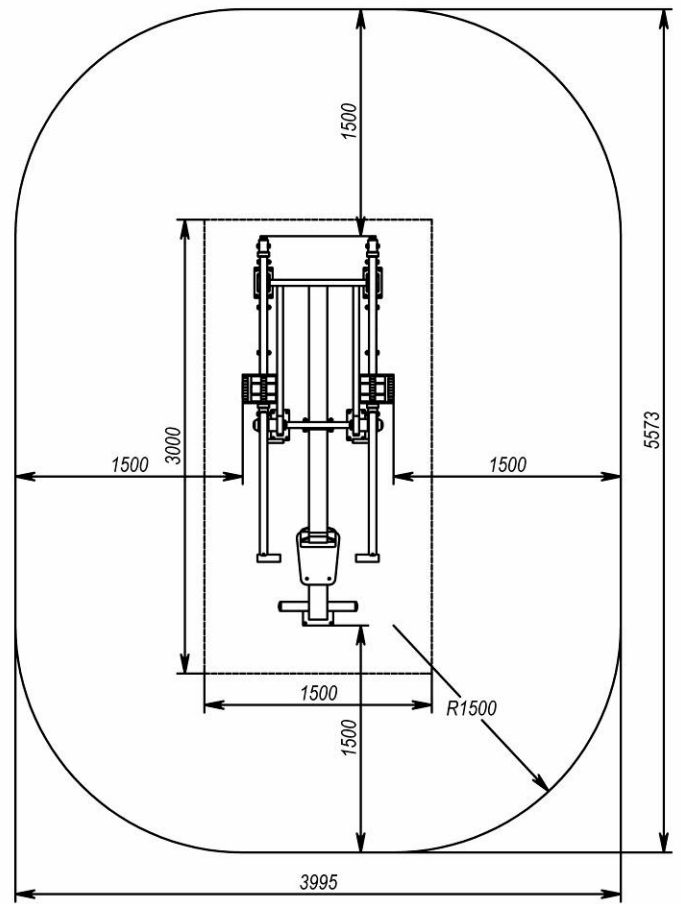
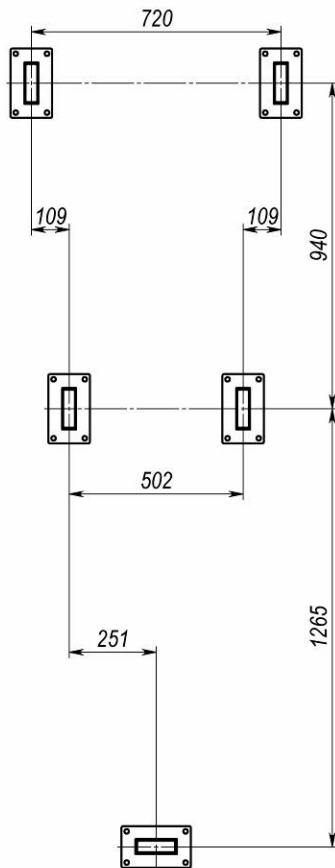
Deltoid Machine KF809-S



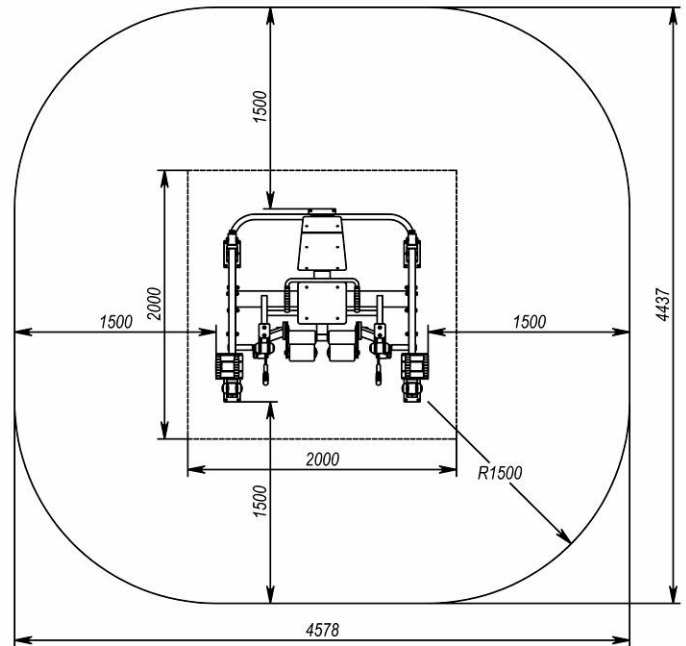
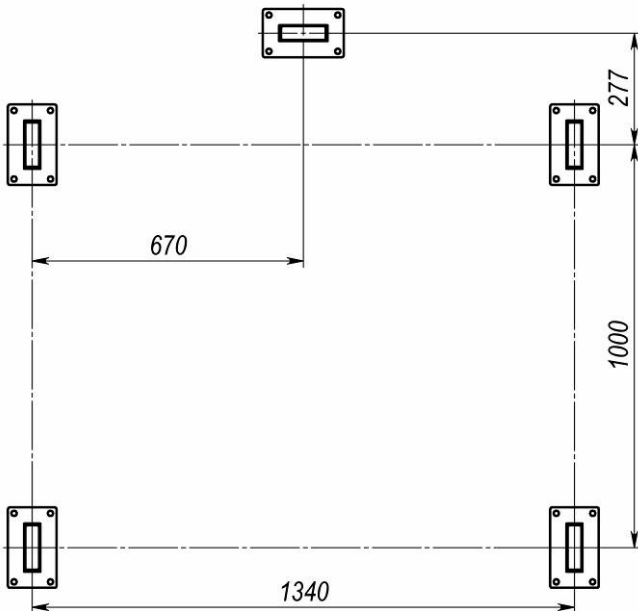
Biceps Machine KF810-S



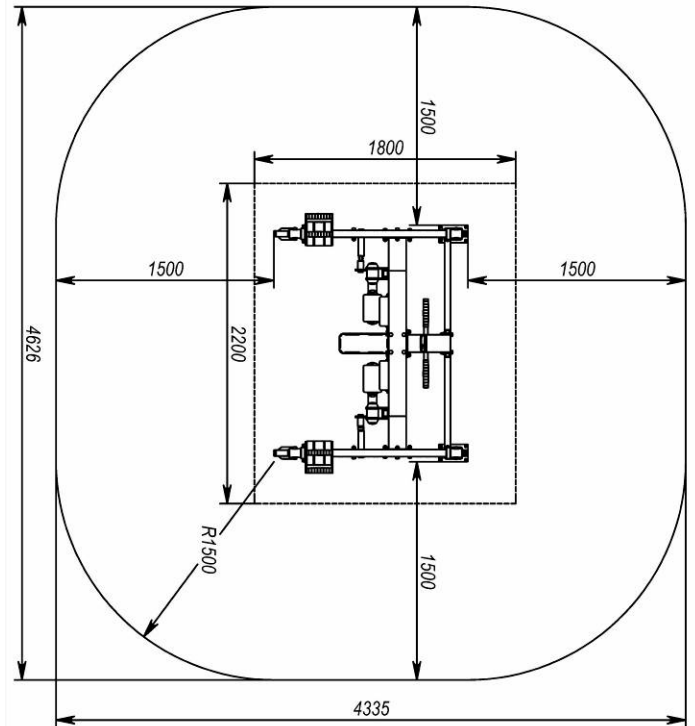
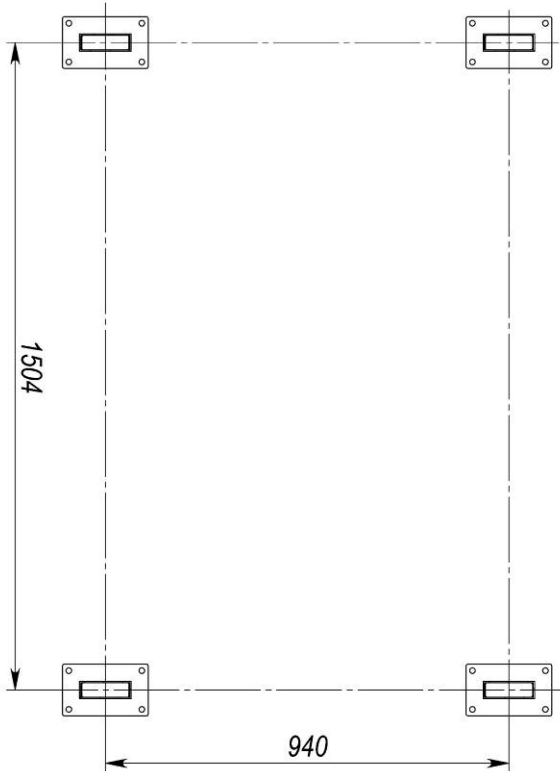
Triceps Dip KF811-S



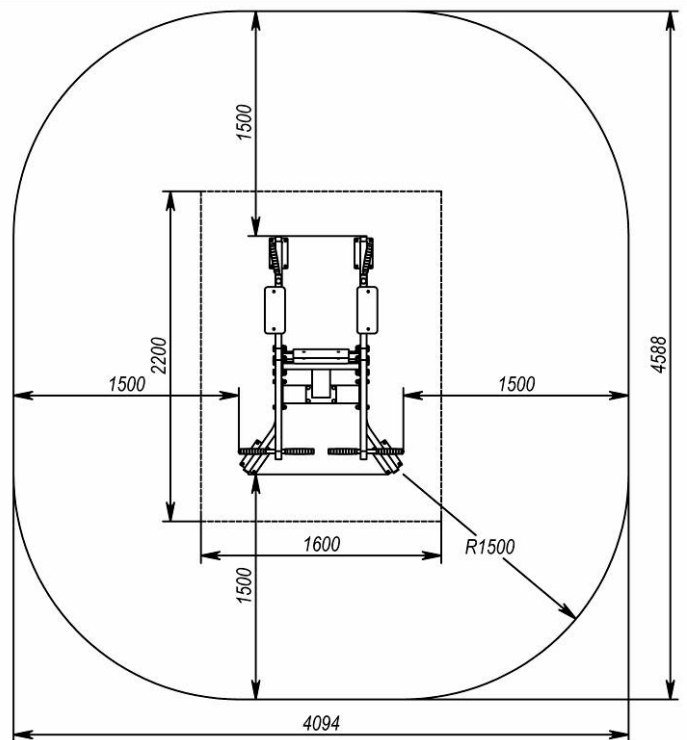
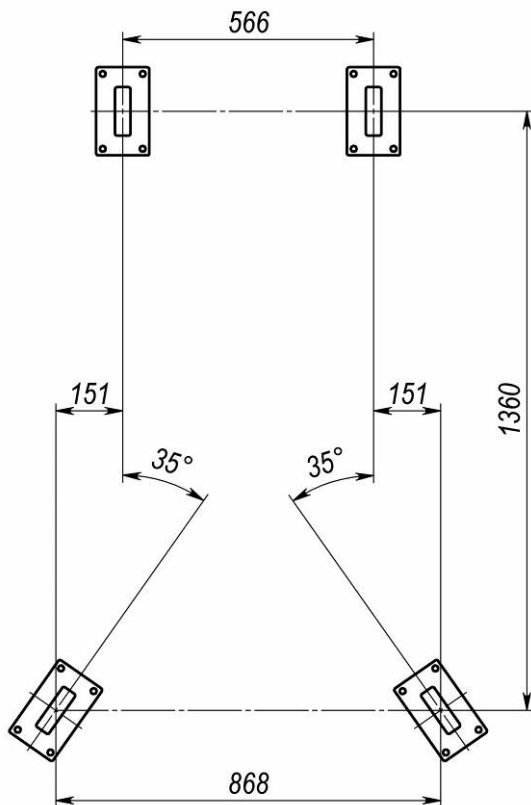
Leg Extension KF812-S



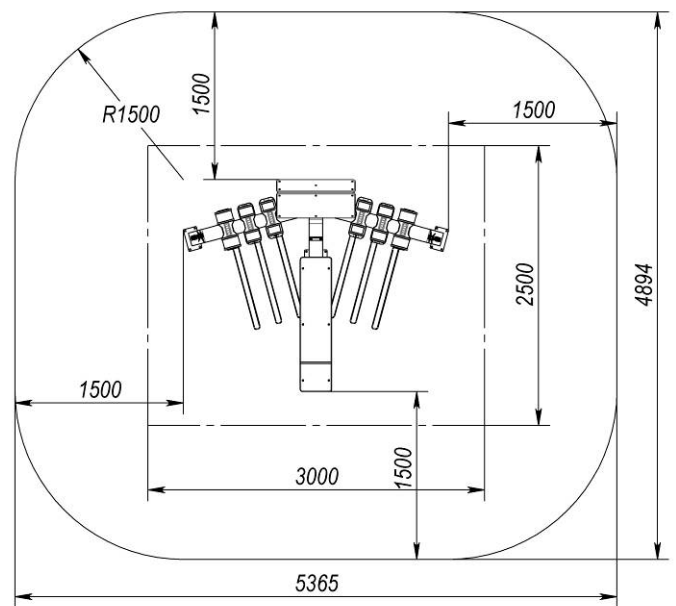
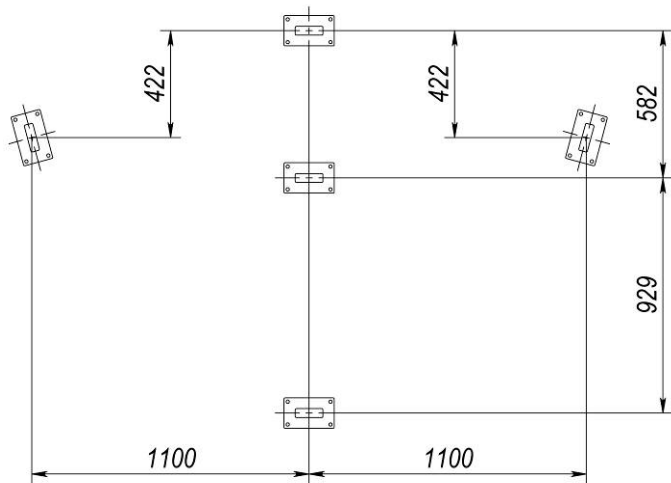
Leg Curl KF813-S



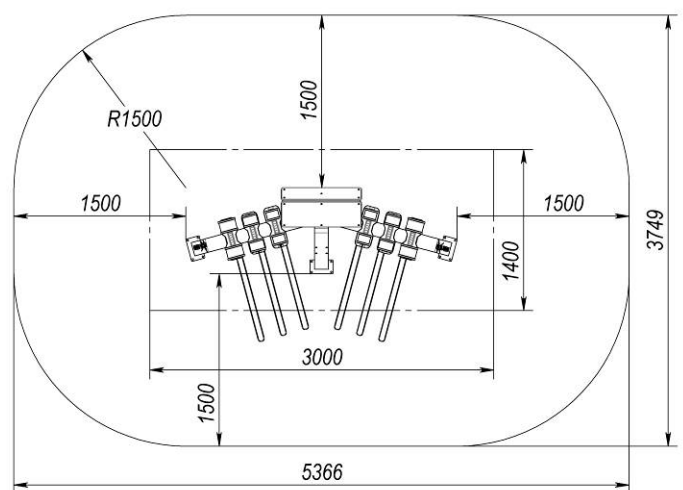
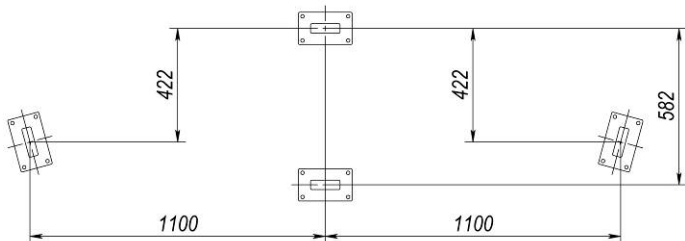
Assisted Pull-Up/Dip Trainer KF814-S



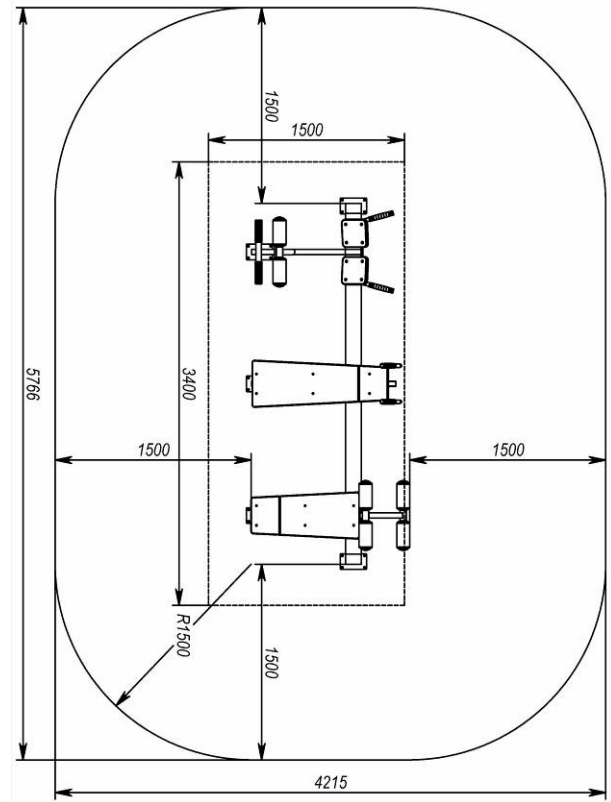
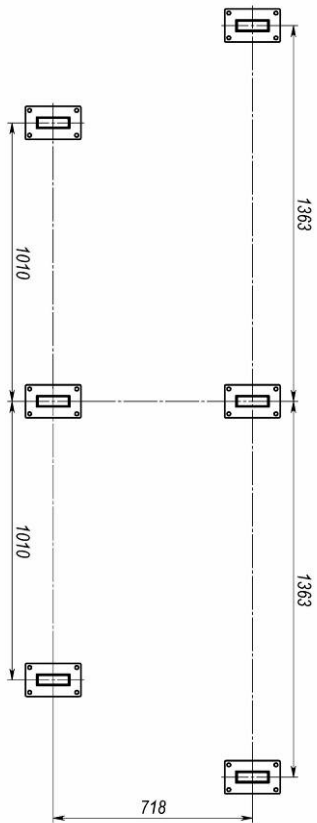
Scott Bench with dumbbells and bench (10-16-24 kg) KF815-S



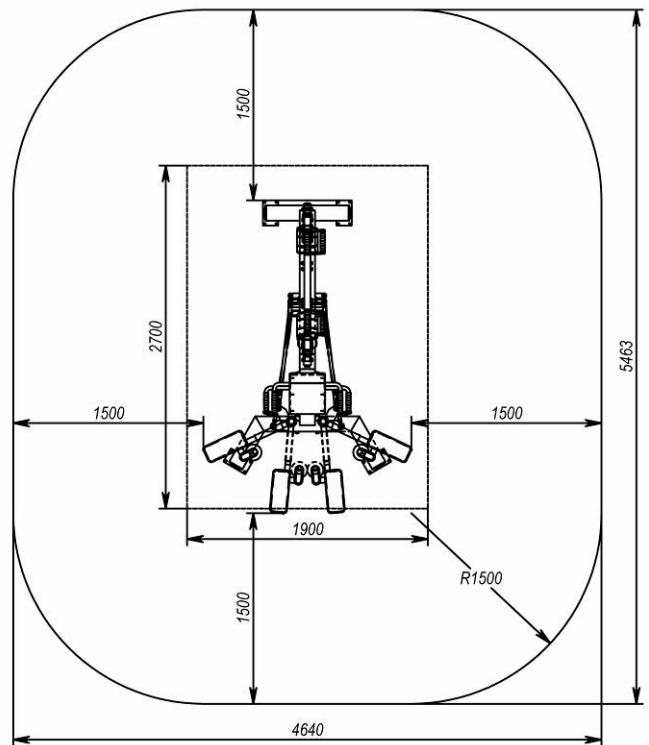
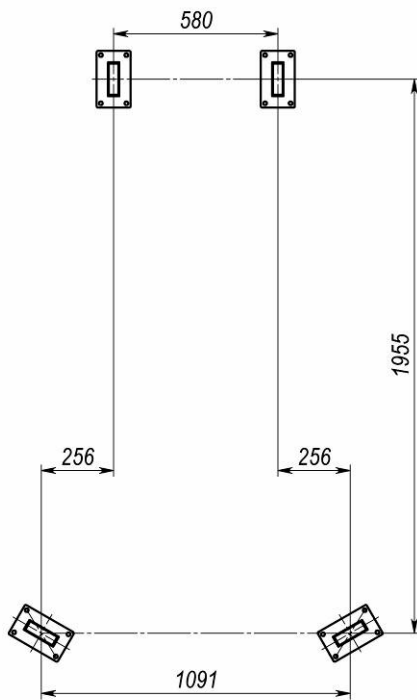
Scott Bench with dumbbells (10-16-24 kg) KF815.1-S



Hyperextension-Abdominal-Abdominal reverse KF816.3-123-S



Adductor Machine KF817-S



Abductor Machine KF818-S

