

OPERATING RULES OF THE OUTDOOR GYM FOR PROFESSIONAL USE



**VIOLATION OF THESE INSTRUCTIONS
CAN LEAD TO INJURY**

- Before you start working on the equipment make sure it is functioning properly.
- If you find any damage stop exercising and notify the service company.
- We recommend you to stretch your muscles before you start exercising.
- If you feel unwell or dizzy stop exercising.
- Take your time. While doing the exercises follow the correct breathing.
- Use the equipment only for its intended purpose.

CHILDREN CAN USE THE PLAYGROUND ONLY UNDER ADULT CONTROL

MAXIMUM PERMISSIBLE USER WEIGHT – 150 KG



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PHONE NUMBERS OF EMERGENCY SERVICES:

Fire safety service



101

Police



102

Medical rescue service



103

Emergency service



112

